SNAP (Supplemental Nutrition Assistance Program) Education helps limited-resource families eat healthier on a budget and be more physically active to reduce the risk of obesity and chronic diseases.

**FLORIDA’S NEED**

- **6.6 million** Floridians qualify for SNAP Education¹
- **2.8 million** are food insecure²
  - 32.7% of the FL population¹
  - 13.8% of the FL population²
- **1 in 5** youth has obesity³
- **1 in 3** adults has obesity⁴
- **45%** of 9th-12th graders do not eat vegetables every day⁵
- **34%** of adults do not eat fruit every day⁶

**OUR REACH**

- **40** counties
- **25,947** classes taught
- **1.3 million** people reached through:
  - 1.3 million nutrition education classes
  - policy, systems, and environmental (PSE) changes
- **1,243** partner organizations

**Sources:**
1. U.S. Census Bureau American Community Survey, 2013-17
2. Feeding America, Map the Meal Gap, 2019
3. DOH Summary of School Health Services, 2016-17 (Grades 1, 3, and 6)
4. Behavioral Risk Factor Surveillance System (BRFSS), 2018
5. Youth Risk Behavior Surveillance System (YRBSS), 2017
6. Behavioral Risk Factor Surveillance System (BRFSS), 2017

An Equal Opportunity Institution

familynutritionprogram.org
In 2019, FNP made an impact in each of these **40 counties** by influencing people’s shopping and eating behaviors, increasing food access, and improving the health of local communities.

**After taking part in nutrition education classes, participants:**

- were more physically active
- ate more fruits and vegetables
- drank fewer sugar-sweetened beverages

**428** policy, systems, and environmental (PSE) changes implemented

**58,877** people reached through PSEs at 14 food pantries

**227** gardens supported

An estimated **35,758** youth and adults actively participated in school and community gardens

**1,188** partner staff trained on promoting healthy behaviors and reducing food insecurity in their communities

**Partner with us for a healthier Florida!**

¡Asóciense con nosotros para una Florida más saludable!

An nou travay ansanm pou nou gen yon Florid pi an sante!

Karla P. Shelnutt, PhD, RD

352-273-3535

kpagan@ufl.edu

This material was funded by the USDA’s Supplemental Nutrition Assistance Program – SNAP. This institution is an equal opportunity provider.

SNAP funding is provided through the Florida Department of Children and Families.

familynutritionprogram.org