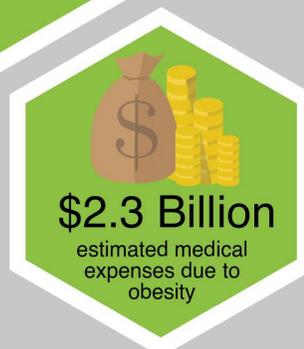


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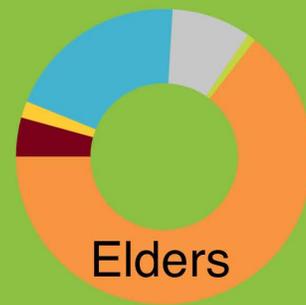
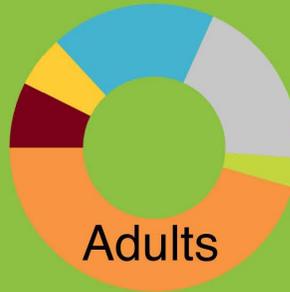
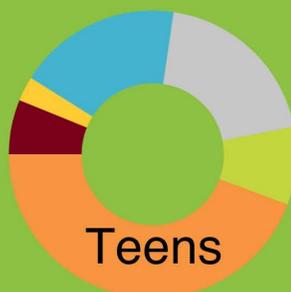
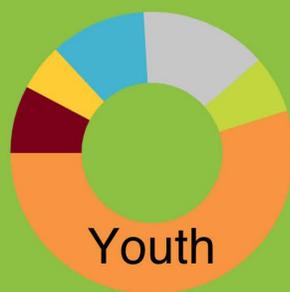
SNAP-ED WORKS

2017 University of Minnesota Extension SNAP-Ed Results

THE CHALLENGE



WHO WE WORK WITH



- American Indian or Alaskan (non-Hispanic)
- Black or African American (non-Hispanic)
- Other/more than one race (non-Hispanic)
- Asian, Native Hawaiian (non-Hispanic)
- Hispanic
- White (non-Hispanic)

THE SNAP-ED SOLUTION

In the classroom and the community



IMPROVES FOOD SKILLS

so SNAP families can try, purchase, grow and prepare affordable, tasty, healthy foods through workshops, classes, and school gardens



BUILDS LOCAL CAPACITY

for community organizations to support families in healthy eating and active living goals



STRENGTHENS LOCAL ECONOMIES

by teaching low-income participants how to shop for healthy foods at area stores and farmers markets



HELPS COMMUNITIES

create and sustain environments that support and promote healthy choices

Every \$1 spent on nutrition education saves as much as \$10 in long-term health care costs

MINNESOTA SNAP-ED RESULTS



13,720

Number of people who participated in SNAP-Ed classes



38%

Percentage of SNAP-Ed participants who reported eating more fruits and vegetables after completing a series of classes



957

Number of partnerships that extend the reach and impact of SNAP-Ed



119,438

Number of people SNAP-Ed reached through our programming in addition to our classes

SNAP-Ed Works

with low-income children and families that are eligible for SNAP

 UNIVERSITY OF MINNESOTA | EXTENSION

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