

SNAP-Ed & EFNEP Program Impacts

Supplemental Nutrition Assistance Program Education | Expanded Food and Nutrition Program

Cent\$ible Nutrition Program

October 1, 2015-September 30, 2016

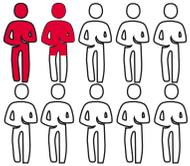
BACKGROUND: LOW-INCOME IN WYOMING



25.8%
of residents are
185% of poverty¹

this is the Cent\$ible
Nutrition Program's
target audience

13.2%
of Wyoming households
are food insecure²


16.8%
of youth in Wyoming
are food insecure³


APPROACH: HOW THE CENT\$IBLE NUTRITION PROGRAM WORKS

The Cent\$ible Nutrition Program (CNP) is funded by SNAP-Ed and EFNEP. It provides free nutrition education to Wyoming's low-income families and individuals. CNP also partners with local agencies and organizations to create positive changes to improve the health of communities across Wyoming.



Direct Education

CNP teaches adults and youth, covering each county in Wyoming

Adults

take a series of 6-8 lessons to graduate from the class

Youth

in 2-4 grade take a series of 5 lessons



Indirect Education

CNP reaches thousands of people every month through marketing efforts

Newsletters

6 newsletters published annually

Mass media

TV, radio, and newspapers

Educational events

health fairs and farmers' markets



Policy, System, & Environmental Changes

called PSEs, these efforts work to make the healthy choice the easy choice for everyone

Local food

increasing access to healthy, local food through work with farmers' markets, community gardens, and local food producers

Written agreements

with local partners and agencies

Partnerships

with local agencies, schools, farmers' markets, food producers, and other organizations

INPUTS: ROLE OF CNP

26 
nutrition
educators

8 
core hands-on
cooking and
nutrition lessons

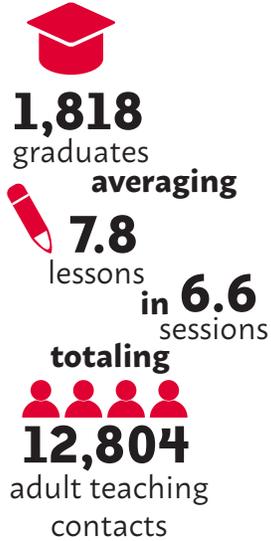


508 one-time nutrition lessons
339 adult lesson series
67 youth lesson series

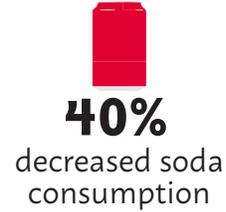
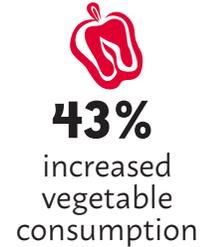
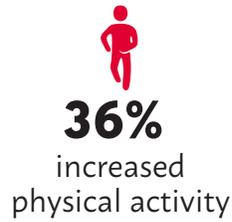
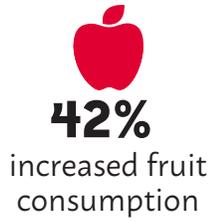
377 
partnerships
across the state

IMPACTS: ADULTS

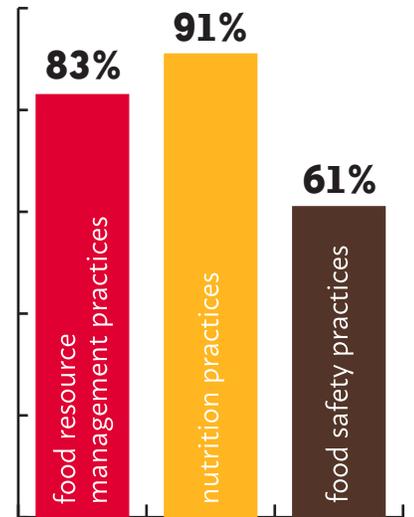
Summary



Graduate Outcomes

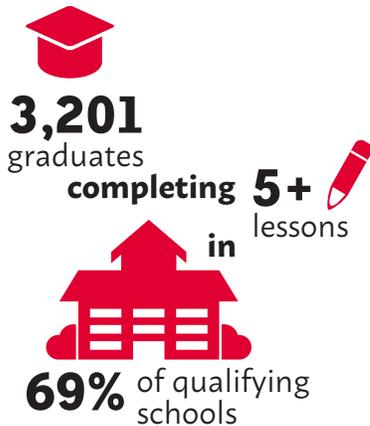


Percent Increase in Core Areas

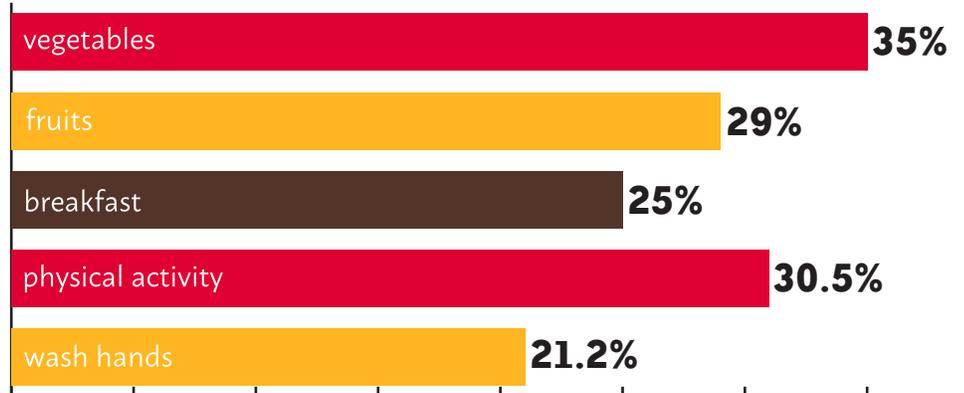


IMPACTS: YOUTH

Summary: All Youth



Percent Increase in Core Areas for 3-5 Grade Youth



data for the *Grazing with Marty* and *Munching Through Wyoming History* curricula

IMPACTS: INDIRECT EDUCATION



IMPACTS: PSES



REFERENCES

¹ <https://factfinder.census.gov/faces/tableservices/jsf/pages/productview.xhtml?src=CF>

² <http://frac.org/wp-content/uploads/2010/07/wy.pdf>

³ http://www.feedingamerica.org/hunger-in-america/our-research/map-the-meal-gap/2014/WY_AllCounties_CDs_CFI_2014.pdf

Images from Vecteezy.com