

Land-Grant University System

SNAP-Ed FY2015

Supplemental Nutrition Assistance Program Education

Community Based

Relationship Driven

*Experience and
Evidence Grounded*

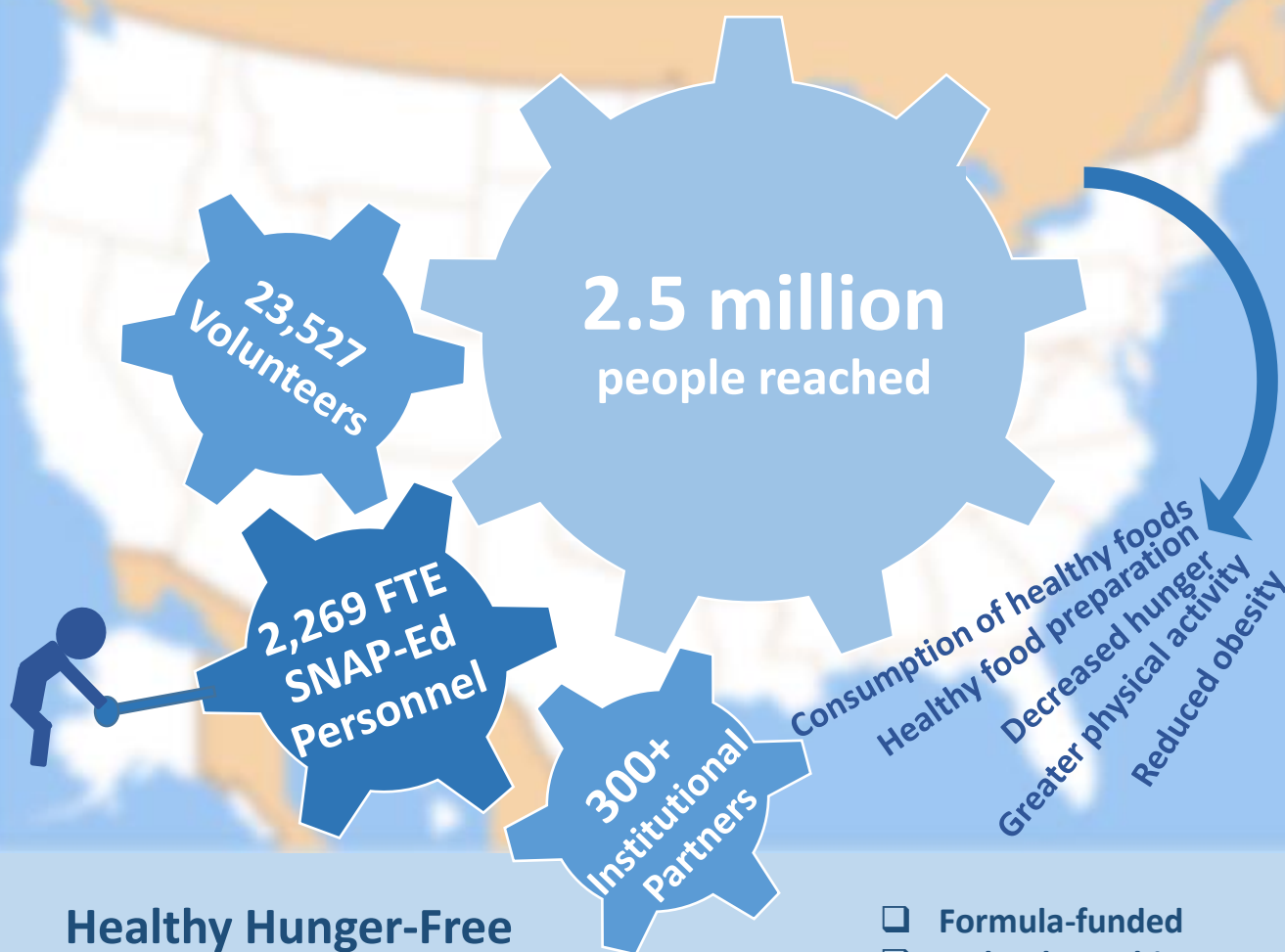
For Low-income SNAP-Eligible Audiences

63

Land-Grant Institutions
implementing SNAP-Ed

\$180M

In Federal Funding to
LGUs reported



Healthy Hunger-Free Kids Act (2010)

Significant changes made to the SNAP-Ed funding model and legislative program requirements



- Formula-funded
- Federal matching requirement dropped
- Increased emphasis on evidence-based interventions
- More “balanced” intervention approach

A Retrospective Review of Land-Grant University SNAP-Ed Programs and Impacts

Land-Grant University System

SNAP-Ed FY2015

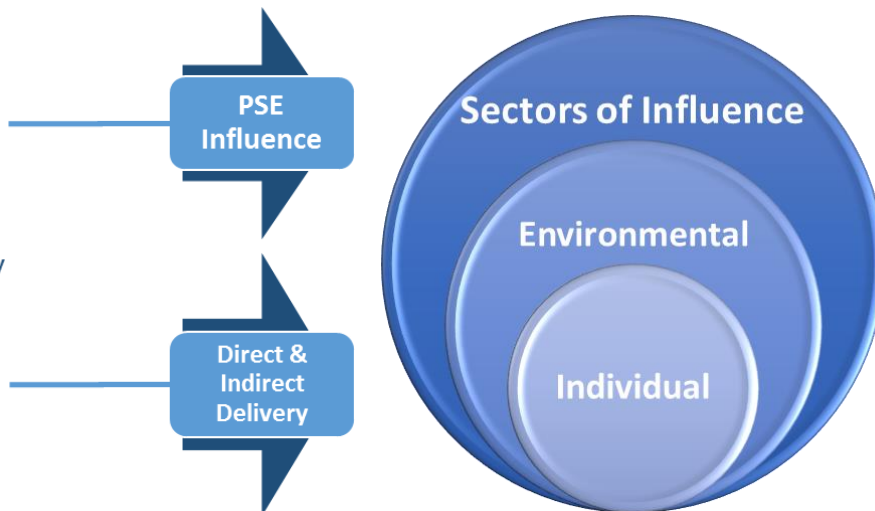
Supplemental Nutrition Assistance Program Education

Increased Emphasis on:

Policy, Systems, and Environmental (PSE) Approaches

Addressing interactions with food & physical activity

Continued face-to-face and other direct approaches



Behavior and Health Outcomes: Highlights

Individual Level

Dietary Quality & Nutrition

Notable positive changes:

- Eating protein without solid fats; Drinking plain water; Drinking fewer sugary beverages

Shopping Behavior & Food Resource Management

Notable positive changes:

- Reading nutrition facts; Shopping with a list; Using safe food preparation skills

Physical Activity

Notable positive change:

- Increase in average walking steps

Environmental Level

New & Emerging Directions

States identifying, targeting settings where improved nutrition or physical activity engagement required; including at child care centers, schools, and public/community facilities

Dietary Quality & Nutrition

Environmental Changes: procuring nutritious foods and changing approach to food preparation

Physical Activity

Environmental Changes: changing programs and practices to increase physical activity

Sectors of Influence

New & Emerging Directions

States working across key sectors with progress in improving physical activity, access to healthy food

Local Government, progress in: Tracking food retailers that procure locally sourced food

Agriculture, progress in: Tracking farmers markets accepting SNAP Electronic Benefit Transfer in low-income communities

Healthcare, progress in: Tracking low-income health care facilities that routinely measure, track BMI