For Low-income SNAP-Eligible Audiences

63
Land-Grant Institutions implementing SNAP-Ed

$180M
In Federal Funding to LGUs reported

2.5 million
people reached

23,527
Volunteers

2,269 FTE
SNAP-Ed Personnel

300+
Institutional Partners

Consumption of healthy foods
Healthy food preparation
Decreased hunger
Greater physical activity
Reduced obesity

Healthy Hunger-Free Kids Act (2010)
Significant changes made to the SNAP-Ed funding model and legislative program requirements

- Formula-funded
- Federal matching requirement dropped
- Increased emphasis on evidence-based interventions
- More “balanced” intervention approach

National report was funded by Land-Grant University Extension Directors/Administrators; prepared by TEConomy Partners, LLC.
Behavior and Health Outcomes: Highlights

**Individual Level**

**Dietary Quality & Nutrition**
Notable positive changes:
• Eating protein without solid fats; Drinking plain water; Drinking fewer sugary beverages

**Shopping Behavior & Food Resource Management**
Notable positive changes:
• Reading nutrition facts; Shopping with a list; Using safe food preparation skills

**Physical Activity**
Notable positive change:
• Increase in average walking steps

**Environmental Level**

**New & Emerging Directions**
States identifying, targeting settings where improved nutrition or physical activity engagement required; including at child care centers, schools, and public/community facilities

**Dietary Quality & Nutrition**
Environmental Changes: procuring nutritious foods and changing approach to food preparation

**Physical Activity**
Environmental Changes: changing programs and practices to increase physical activity

**Sectors of Influence**

**New & Emerging Directions**
States working across key sectors with progress in improving physical activity, access to healthy food

**Local Government**, progress in: Tracking food retailers that procure locally sourced food

**Agriculture**, progress in: Tracking farmers markets accepting SNAP Electronic Benefit Transfer in low-income communities

**Healthcare**, progress in: Tracking low-income health care facilities that routinely measure, track BMI

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