

PURDUE EXTENSION



NEP Making a Difference in Indiana

What is NEP in Indiana?

The Nutrition Education Program is a program for limited resource audiences operating in partnership with Purdue Extension, Indiana Family and Social Services Administration, The National Institute of Food and Agriculture and Food and Nutrition Services. In 2014 the program was provided in 91 Indiana counties.

What Audience is served?

NEP serves SNAP (Supplemental Nutrition Assistance Program, formerly Food Stamps) recipients and SNAP eligible persons, such as singles, homeless, migrants, single mothers, families with and without children, and the elderly.

Who are your partners?

The impact of NEP is maximized through its partnerships in education with community agencies and organizations such as the Division of Family resources, schools, learning centers, libraries, WIC, health departments, senior centers, congregate meal sites, shelters and crisis centers.

What is your goal?

The goal of NEP is to improve the likelihood that SNAP participants and applicants will make healthy choices within a limited budget and choose active lifestyles consistent with the Dietary Guidelines for Americans

Purdue Extension Delivers

- We improve lives and livelihoods by delivering tested and trusted educational resources.
- Our information on business, the environment, family, youth, and other topics, is based on the latest scientific research.
- We draw upon the expertise of a national network of universities and bring it to local communities.
- Purdue Extension serves the people of Indiana (and beyond) to ensure a better quality of life for all.

2014 Outcomes and Impacts

Of the clients surveyed:

- 54% increased vegetable consumption.
- 63% reported improved meal planning.
- 87% use the nutrition facts label to choose foods when shopping.
- 49% increased their whole grain consumption.
- 36% increased physical activity levels.

Learn More about Purdue Extension

- 37,379 lessons were delivered. 62,253 Hoosiers participated in at least one NEP session, including 37,908 children.
- NEP partnered with 845 community agencies across the state, including more than 300 schools.

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