



2018 FLORIDA SNAP-ED IMPACT

UF/IFAS Extension Family Nutrition Program (FNP)

Providing SNAP Education
in Florida since 1996

SNAP (Supplemental Nutrition Assistance Program) Education helps limited-resource families eat healthier on a budget and get more physically active to reduce the risk of obesity and chronic diseases.

FLORIDA'S NEED



OUR REACH



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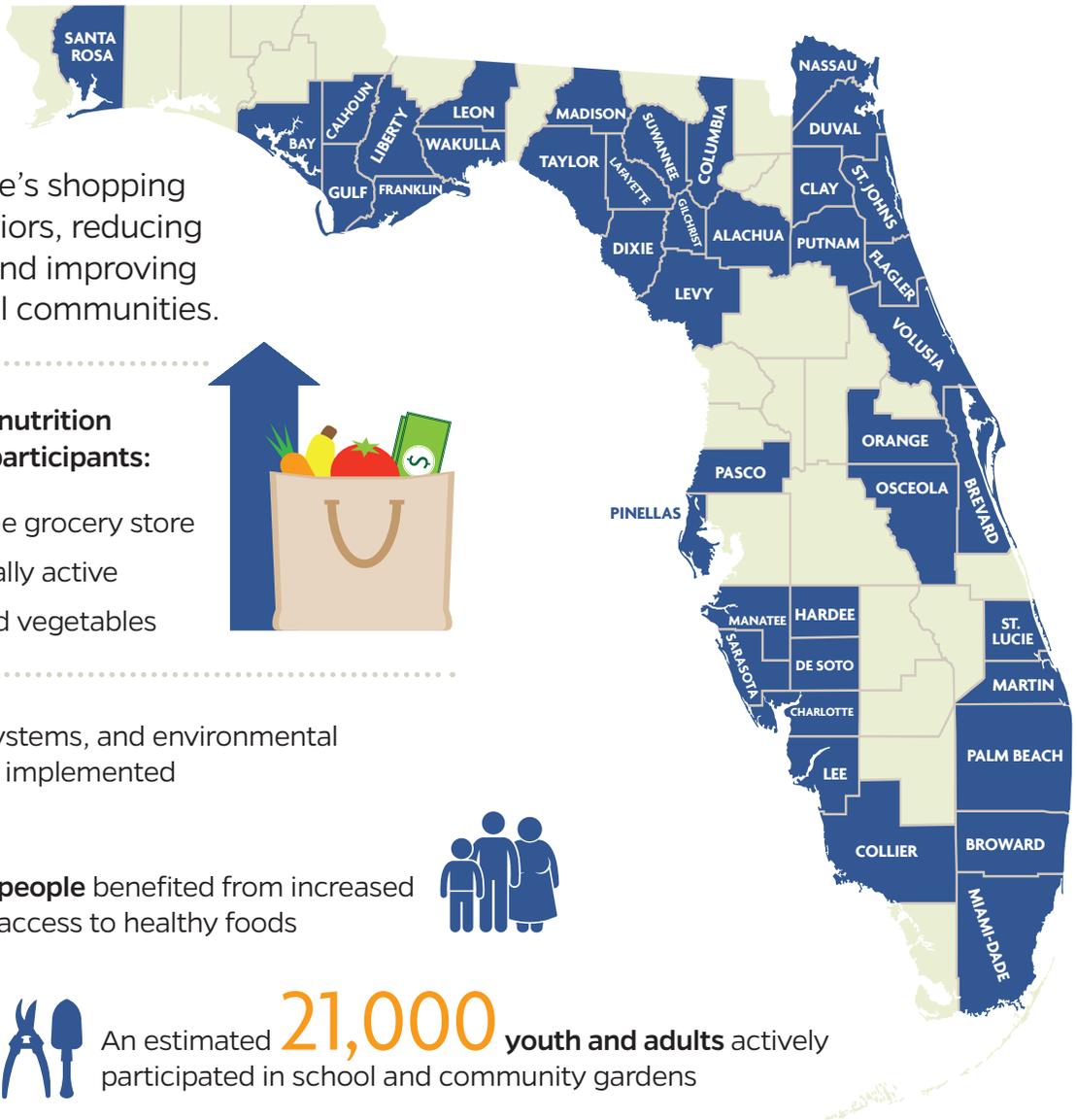


Sources:

1. U.S. Census Bureau, American Community Survey, 2013-17
2. U.S. Census Bureau, population estimates, July 1, 2018
3. Map the Meal Gap 2018, feedingamerica.org
4. The State of Obesity, stateofobesity.org, 2016-17
5. Behavioral Risk Factor Surveillance System (BRFSS), 2017
6. Youth Risk Behavior Surveillance System (YRBSS), 2017

OUR IMPACT

In 2018, FNP made an impact in each of these **41 counties** by influencing people's shopping and eating behaviors, reducing food insecurity, and improving the health of local communities.



After taking part in nutrition education classes, participants:

- saved money at the grocery store
- were more physically active
- ate more fruits and vegetables



508 policy, systems, and environmental changes implemented

101,207 people benefited from increased access to healthy foods



341 gardens supported  An estimated **21,000** youth and adults actively participated in school and community gardens

 **2,501** partners trained on promoting healthy behaviors and reducing food insecurity in their communities

“Following the things that I have learned throughout these weeks, my blood pressure and cholesterol levels have dropped significantly!”

— Adult participant, Duval County



Partner with us for a healthier Florida!

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