SNAP (Supplemental Nutrition Assistance Program) Education helps limited-resource families eat healthier on a budget and get more physically active to reduce the risk of obesity and chronic diseases.

**FLORIDA’S NEED**

- 6.6 million Floridians qualify for SNAP Education\(^1\) = 31.5% of the FL population\(^2\)
- 2.9 million are food insecure\(^3\) = 13.9% of the FL population\(^3\)
- 1 in 6 youth ages 10-17 has obesity\(^4\)
- 1 in 4 adults has obesity\(^5\)

- 45% of 9th-12th graders do not eat vegetables every day\(^6\)
- 34% of adults do not eat fruit every day\(^5\)

**OUR REACH**

- 41 counties
- 25,208 classes taught
- 834,430 people reached through:
  - 834,430 nutrition education classes
  - 1,451 policy, systems, and environmental changes

Sources:
1. U.S. Census Bureau, American Community Survey, 2013-17
2. U.S. Census Bureau, population estimates, July 1, 2018
3. Map the Meal Gap 2018, feedingamerica.org
4. The State of Obesity, stateofobesity.org, 2016-17
5. Behavioral Risk Factor Surveillance System (BRFSS), 2017
6. Youth Risk Behavior Surveillance System (YRBSS), 2017
In 2018, FNP made an impact in each of these **41 counties** by influencing people’s shopping and eating behaviors, reducing food insecurity, and improving the health of local communities.

After taking part in nutrition education classes, participants:

- saved money at the grocery store
- were more physically active
- ate more fruits and vegetables

508 **policy, systems, and environmental changes** implemented

101,207 **people** benefited from increased access to healthy foods

341 **gardens** supported

An estimated 21,000 **youth and adults** actively participated in school and community gardens

2,501 **partners** trained on promoting healthy behaviors and reducing food insecurity in their communities

Partner with us for a healthier Florida!

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“Following the things that I have learned throughout these weeks, my blood pressure and cholesterol levels have dropped significantly!”

— Adult participant, Duval County

This material was funded by the USDA’s Supplemental Nutrition Assistance Program – SNAP. This institution is an equal opportunity provider.