EFNEP is a nutrition education program funded through USDA-NIFA. The mission is to improve the health of limited resource youth and families with young children through practical lessons on basic nutrition and healthy lifestyles, food resource management, food safety, and physical activity.

In 2014, EFNEP reached 4,736 adults and 7,096 youth directly and nearly 25,605 family members indirectly.

96% of adults improved diet quality, including consuming an additional 1.2 cups of fruits and vegetables per day.

2387 adults in 2014 reported being more food secure upon program completion versus only 1705 in 2013.

Average increase in cups of vegetables per day was 0.4 in 2014 versus 0.6 in 2013.

The UF/IFAS Extension EFNEP program reached almost 12,000 families and graduate retention increased 9% from 81% to 88%.

79% of EFNEP participants who reported income are at or below 100% of poverty, earning $23,550 a year or less for a family of four.

21% of families above poverty

79% of families below poverty

UF/IFAS EXTENSION EFNEP
1408 Sable Palm Dr. 2nd Floor, Gainesville, FL 32611
Phone: (352) 273-3547 • efnep.ifas.ufl.edu