

County Highlights

Logan County

Almost four hundred children participated in multi-session education. Students participated in lessons using Serving Up MyPlate, Two Bite Club, Kids in the Kitchen, Cook Smart Eat Smart, Fight BAC, Germ City, and Choose Food, Fun and Fitness. Lessons focused on ways to increase fruits, vegetables, and whole grains in students' diets, along with safe food handling practices through hands-on activities. Students learned how to prepare healthy meals and snacks, and parents received newsletters to encourage healthy habits at home. Ninety-one percent of parents reported that their child talked at home about healthy foods, 83% reported their child was more willing to try new foods, 70% reported they and their children were more physically active, and 50% reported serving more fruits and vegetables as a result of SNAP-Ed. A parent commented, "I love that my very picky eater is willing to try new foods!"

Clark County

In an effort to improve the health of its congregation, Gennesarat Missionary Baptist Church partnered with SNAP-Ed to participate in the Faithful Families program. Once the Faithful Families lessons were completed, the church began a series of Cook Smart, Eat Smart cooking classes. As a result of participating in cooking classes, 57% reported eating more vegetables, 43% reported eating more fruit, 71% of participants reported improved food preparation skills, 67% reported saving money on groceries, and 45% reported eating more meals as a family. As part of the Faithful Families project, the church established a walking trail to increase access to physical activity for the congregation and neighboring residents. They also adopted two written policy changes: one encouraging use of the walking trail, and the other mandating that no sugar added beverages be served at church functions. Participants commented, "I put more vegetables on the plate and less meat" and "I am making better choices, like drinking less soda full of sugar."

Woodruff County

The Woodruff County Warehouse Project is a collaboration between the SNAP-Ed program, ARcare, the city government, and community members to increase access to healthy foods and health care services for local residents. A city council authorized rent-free space in their civic center to be used for food storage and hosting a monthly nutrition event. These events include distribution of commodity foods, free health screenings, and healthy food demonstrations. Refrigeration and freezer space for fresh fruits, vegetables, and meat storage was secured with grant funding. A community coalition was formed to address concerns, identify challenges, and define solutions. ARcare purchases food for distribution each month, with input from the FCS Agent. SNAP-Ed nutrition and cooking classes offering basic skills and healthy, economical meal planning are essential components of this effort. ARcare's Chief Coordinated Care Officer, said: "Raising a family in this day isn't easy financially, even with both parents working, and I feel that the Warehouse is bridging the gap for people who may be experiencing hard times, lost jobs, sick family members, or just difficult things life throws their way."

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Arkansas Extension SNAP-ED FY17

The Arkansas Supplemental Nutrition Assistance Program – Education (SNAP-Ed) is a partnership between the University of Arkansas Cooperative Extension Service, the Arkansas Department of Human Services, and the USDA Food and Nutrition Service.

The goal of SNAP-Ed is to improve the likelihood that persons eligible for SNAP will make healthy food choices within a limited budget and choose physically active lifestyles consistent with the Dietary Guidelines for Americans.

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SNAP Ed





In 2017, SNAP-Ed programs were conducted at 621 locations throughout Arkansas' 75 counties including:

- schools
- Head Start schools
- senior centers
- food banks and pantries
- homeless shelters
- DHS offices
- WIC offices
- grocery stores

Participants learned to:

- make healthy food choices within a limited budget
- read food labels
- prepare healthy meals
- shop smart
- be more physically active

PROGRAM REACH

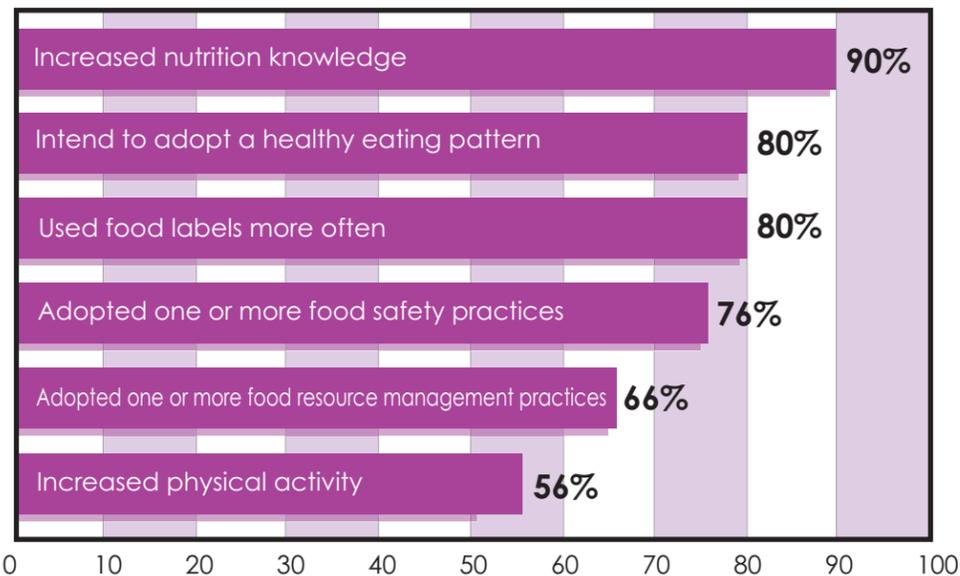
Total Educational Contacts: 529,830

Total Individuals: 56,474

Total Number of Lessons: 10,598

SNAP-Ed Adult Participants

As a result of SNAP-Ed programs, participating adults made the following improvements:



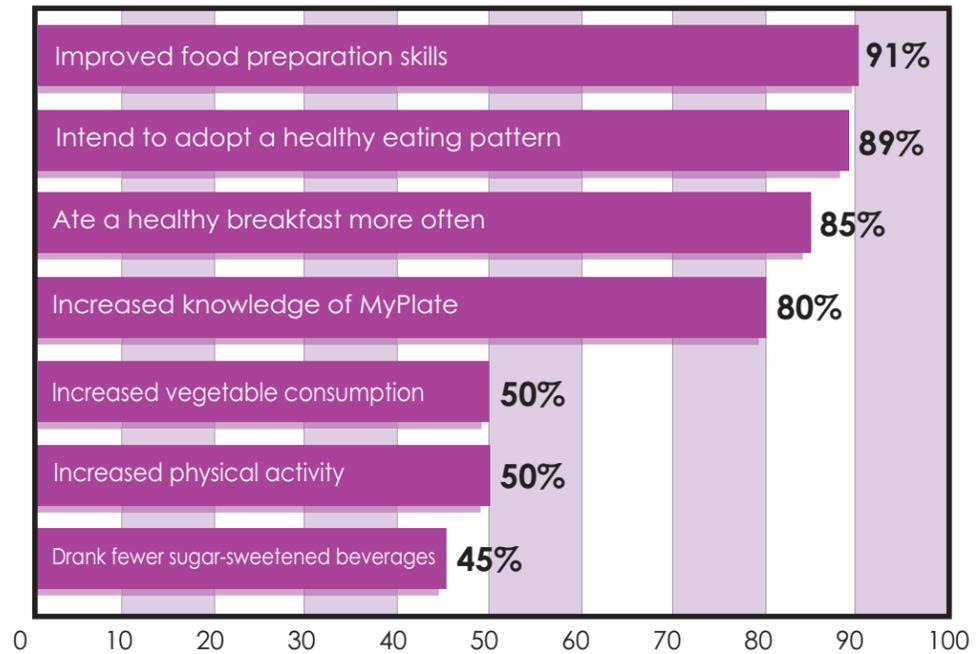
What Adult Participants are saying about SNAP-Ed

"I never knew how to put together a meal from leftover pantry items. I have cooked my own dinner every night this week! Thank you for teaching us how to use what we have."

SNAP-Ed Participant, Conway County

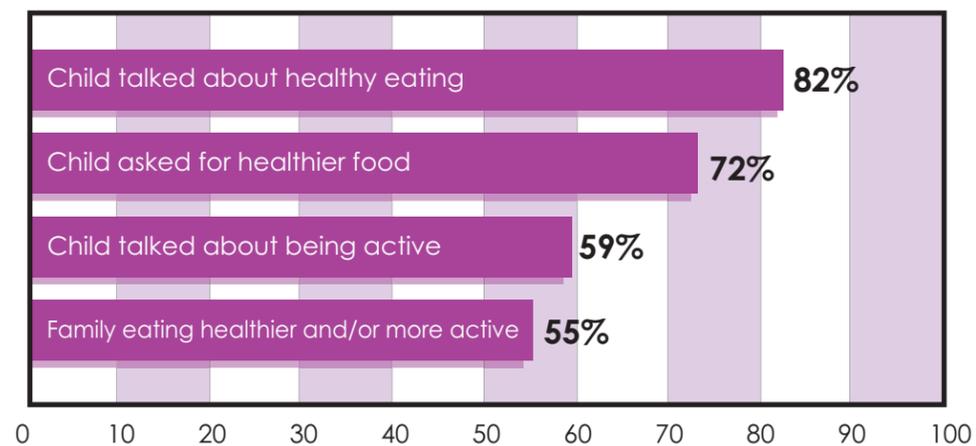
SNAP-Ed Youth Participants

SNAP-Ed partnered with 239 schools, in 59 counties to conduct nutrition education. As a result of SNAP-Ed programs, youth participants reported the following:



Families of SNAP-Ed Youth Participants

2,779 parents of school-based participants returned surveys with the following results:



What Youth Participants are saying about SNAP-Ed

"I took the recipes home and my mama bought the stuff for us to make them. It was so good! My mama asked if you could send some more healthy recipes!"

SNAP-Ed Participant, Jefferson County

What Parents are saying about SNAP-Ed

"This program has shown us how to eat healthier and get out more as a family to exercise and spend time together."

SNAP-Ed Parent, Cleveland County