



FNP Making a Difference in Indiana

What is FNP in Indiana?

The Family Nutrition Program is a nutrition education program for limited resource audiences operating in partnership with Purdue Extension, Indiana Family and Social Services Administration and the U.S.D.A.

The impact of FNP is maximized through its partnerships in education with community agencies and organizations such as the Division of Family resources, schools, learning centers, libraries, WIC, health departments, senior centers, congregate meal sites, shelters and crisis centers. In 2013 the program was provided in 92 Indiana counties.

The goal of FNP is to improve the likelihood that SNAP participants and applicants will make healthy choices within a limited budget and choose active lifestyles consistent with the Dietary Guidelines for Americans.

What Audience is served?

FNP serves SNAP (Supplemental Nutrition Assistance Program, formerly Food Stamps) recipients and SNAP eligible persons, such as singles, homeless, migrants, single mothers, families with and without children, and the elderly.

Purdue Extension Delivers

- We improve lives and livelihoods by delivering tested and trusted educational resources.
- Our information on business, the environment, family, youth, and other topics, is based on the latest scientific research.
- We draw upon the expertise of a national network of universities and bring it to local communities.
- Purdue Extension serves the people of Indiana (and beyond) to ensure a better quality of life for all.

2013 Outcomes and Impacts

Of the clients surveyed:

- 70% know the benefits of using food safety steps at home.
- 53% eat out less often and plan to eat together as a family at least 4 times per week.
- 70% know how to read the nutrition facts label to determine if a food is nutritious.
- 60% increased their whole fruit consumption.
- 56% plan to increase physical activity levels.

Learn More About Purdue Extension

- 30,374 lessons were delivered. 222,018 educational contacts were made, including 133,235 child contacts.
- "Before FNP I would've just bought cookies for my child's snack day, but today I stuffed a piñata with fruit! The kids loved it!" ~ Fayette County FNP participant



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